

## Camping

### Sleeping

- |   |   |
|---|---|
| <input type="checkbox"/> Sleeping bag             | <input type="checkbox"/> Camp bed       |
| <input type="checkbox"/> Inflating mat            | <input type="checkbox"/> Mosquito net   |
| <input type="checkbox"/> Sleeping mat             | <input type="checkbox"/> Pillow         |
| <input type="checkbox"/> Pump (for inflating mat) | <input type="checkbox"/> Rescue Blanket |
| <input type="checkbox"/> Sleeping bag liner       | <input type="checkbox"/> Eye Shade      |
| <input type="checkbox"/> Hammock                  | <input type="checkbox"/> _____          |

### Tent

- |   |   |
|---|---|
| <input type="checkbox"/> Tent             | <input type="checkbox"/> Tent poles                   |
| <input type="checkbox"/> Tent groundsheet | <input type="checkbox"/> Repair and conditioning kits |
| <input type="checkbox"/> Tent stakes      | <input type="checkbox"/> Camp shelters & tarp         |
| <input type="checkbox"/> _____            | <input type="checkbox"/> _____                        |

### Clothes and shoes

- |  |  |
|--|--|
| <input type="checkbox"/> Long sleeves thermals (pants and tops)          | <input type="checkbox"/> Sunglasses      |
| <input type="checkbox"/> Warm clothes (Fleece and insulated jackets)     | <input type="checkbox"/> Backpack        |
| <input type="checkbox"/> Waterproof and ventilated jackets ( Hardshell ) | <input type="checkbox"/> Swimming suit   |
| <input type="checkbox"/> Short sleeves and long sleeves hiking tees      | <input type="checkbox"/> Laundry line    |
| <input type="checkbox"/> Waterproof and ventilated pants                 | <input type="checkbox"/> Socks           |
| <input type="checkbox"/> Hiking pants                                    | <input type="checkbox"/> Pair of gloves  |
| <input type="checkbox"/> Shorts  | <input type="checkbox"/> Pair of shoes   |
| <input type="checkbox"/> Technical underwear                             | <input type="checkbox"/> Outdoor sandals |
| <input type="checkbox"/> Pyjamas   | <input type="checkbox"/> Spare laces     |
| <input type="checkbox"/> Cap and hats                                    | <input type="checkbox"/> Neck tube       |
| <input type="checkbox"/> Light beanie                                    | <input type="checkbox"/> _____           |
| <input type="checkbox"/> _____   | <input type="checkbox"/> _____           |

Please note : Our individual list goes voluntarily very in depth to enable all types of campers to not forget anything, depending on his expedition. Every camper is free to organize this list as he wishes to, depending on his journey.

---

**Any questions ?**  
**Call us on the +33 (0)1 48 58 30 28**  
**or e-mail us at [hello@hardloop.com](mailto:hello@hardloop.com)**



## Camping

### At dinner time

- |   |   |
|---|---|
| <input type="checkbox"/> Camping stove    | <input type="checkbox"/> Table            |
| <input type="checkbox"/> Camping dishes   | <input type="checkbox"/> Camping chair    |
| <input type="checkbox"/> Insulated bottle | <input type="checkbox"/> Dehydrated meals |
| <input type="checkbox"/> Water bottle     | <input type="checkbox"/> Energy bars      |
| <input type="checkbox"/> Water filter     | <input type="checkbox"/> Coffee or tea    |
| <input type="checkbox"/> Firelighter      | <input type="checkbox"/> Sugar            |
| <input type="checkbox"/> Knife            | <input type="checkbox"/> _____            |

### Lightings

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Head torch | <input type="checkbox"/> Hand torch |
| <input type="checkbox"/> Lantern    | <input type="checkbox"/> _____      |

### Hygiene and care

- |  |  |
|--|--|
| <input type="checkbox"/> Microfiber towels | <input type="checkbox"/> Rescue kit          |
| <input type="checkbox"/> Hygiene kit       | <input type="checkbox"/> Plasters            |
| <input type="checkbox"/> Sunscreen         | <input type="checkbox"/> All-purpose soap    |
| <input type="checkbox"/> Lips balm         | <input type="checkbox"/> Portable sun shower |
| <input type="checkbox"/> Mirror            | <input type="checkbox"/> Hand laundry soap   |
| <input type="checkbox"/> Anti-insects      | <input type="checkbox"/> Dry bag             |
| <input type="checkbox"/> Paper rolls       | <input type="checkbox"/> _____               |

### Other personal belongings

- |  |  |
|--|--|
| <input type="checkbox"/> Umbrella            | <input type="checkbox"/> Phone and charger                   |
| <input type="checkbox"/> Headphones or radio | <input type="checkbox"/> Solar charger                       |
| <input type="checkbox"/> Camera              | <input type="checkbox"/> Travel pillow                       |
| <input type="checkbox"/> Binoculars          | <input type="checkbox"/> Hiking poles                        |
| <input type="checkbox"/> Compass             | <input type="checkbox"/> Child carrier                       |
| <input type="checkbox"/> GPS                 | <input type="checkbox"/> Games ( Card, outdoor, cross-words) |
| <input type="checkbox"/> Maps                | <input type="checkbox"/> _____                               |

Please note : Our individual list goes voluntarily very in depth to enable all types of campers to not forget anything, depending on his expedition. Every camper is free to organize this list as he wishes to, depending on his journey.

---

**Any questions ?**  
Call us on the +33 (0)1 48 58 30 28  
or e-mail us at [hello@hardloop.com](mailto:hello@hardloop.com)

